

Spring Training

Baseball Camp

Fill out, detach, and mail with check to:

Dulins Sports Complex

**7790 Fischer Steel Rd.
Cordova, TN. 38088**

Name: _____

Birth Date: ___/___/___ Height: _____ Weight: _____

Team: _____ Position: _____

Home Address: _____

City: _____ State: _____ Zip: _____

Home Phone: () _____

Parents Name: _____

Camp #1 _____ Camp #2 _____

We (or I) hereby request that you accept the application for the individual signed below to make use of your sports academy and/or sporting events in line with our request. In consideration of your acceptance of our request, we (or I) hereby release Dulins Sports Complex and all its employees, officers, or other related individuals from all claims, injury, or loss on account of any injuries which may be sustained by us (or me) while participating at your sports complex. We (or I) agree to indemnify Dulins Sports Complex, its employees, officers, and other related individuals for any claim, loss, damage, including attorney fees which may be hereafter presented by us (or me) or any of our heirs or assigns.

We (or I) give permission for Dulins Sports Complex personnel to administer first aid and adequate medical care in the event of any injury or illness.

Participant's Name: _____

Date: _____

Participant's Parent or Guardian: _____

Date: _____

Camp Fee \$90

**Dulins Sports Complex
7790 Fischer Steel Rd.
Cordova, TN. 38088**

DULINS

Sports Complex

SPRING BREAK 2010 Baseball Camp

March 8 - 10

March 15 - 17

**@Dulins Sports
Complex**

901-758-2343

www.dulins.net

“LEARN WHAT THE PROS ARE TEACHING”



Spring Training Baseball Camp

About DSC

Dulins Sports Complex has been helping the mid-south develop their baseball/softball skills since 1990. Our goal is to give young athletes the opportunity to improve in a positive environment 365 days a year. Dulins Sports Complex presents our Spring Training Camps 2010. Camp workouts are designed for players who want to improve their game skills in the pre season. Campers will receive quality instruction on fundamentals of hitting, throwing, and fielding. Dulins qualified staff of instructors will teach athletes the importance of hard work and discipline while having fun playing the game. Please check camp schedule for more information!



Spring Break Camp

Schedule:

Camp Date: #1 March 8- 10
#2 March 15—17

Mar 8 or 15 9:00 am Registration
9:20 am Introduction
9:30 am Defense Work
and Pitchers
10:30 am Break
10:45 am Hitting
12:00 pm Day 1 Finished

Mar 9 or 16 9:00 am Check in
9:10 am Stretch
9:25 am 40 yd dash
9:50 am Pitchers throw
Catchers Home to Second
IF/OF Hit
10:50 am Break
11:05 am IF/OF Defense
P/C Hit
12:00 pm Day 2 Finished

Mar 10 or 17 9:00 am Check in
Same as Day 1 with review
discussions starting at 9:20 am.

Cost: \$90.00 per camp

**CAMPBELL
CLINIC**
Orthopaedics



CAMP DIRECTOR

Larry Robinson

Langston University
Drafted by the
Milwaukee Brewers in 1977
10 years of professional
experience. Larry has been with
Dulins full time since 2003

DSC Alumni List

Chris Lotterhos	Miss State/Cleveland Indians
Justin Headley	Kansas/Boston Red Sox
Ronte Langs	OK State/Los Angeles Dodgers
Cary Hiles	UM/Philadelphia Phillies
Craig House	UM/Colorado Rockies
Brian Simpson	Atlanta Braves
Ben Johnson	San Diego Padres
Layne Dawson	Philadelphia Phillies

